

Ember Friday of Advent

(Purple)

The Introit Psalm 119

Tone 1b



Antiphon:

151 You, O LORD, are near at hand, *
and all your commandments are true.

152 Long have I known from your decrees *
that you have established them for ever.

Psalm:

1 Happy are they whose way is blameless, *
who walk in the law of the LORD!

[9 How shall a young man cleanse his way? *
By keeping to your words.

10 With my whole heart I seek you; *
let me not stray from your commandments.

11 I treasure your promise in my heart, *
that I may not sin against you.

12 Blessed are you, O LORD; *
instruct me in your statutes.]

Gloria Patri:

Glory to the Father, and to the Son, and to the Holy Spirit, *
As it was in the beginning, is now and ever,
for all ages of ages. Amen

Repeat Antiphon

The Kyrie, No Gloria

The Collect

O Lord, we implore you to put forth your power and come, that those who trust in your goodness may soon be delivered from all harm; who lives and reigns with the Father and the Holy Spirit, God, for all ages of ages. *Amen*

The Old Testament: **Isaiah 11, 1-5**

In those days the Prophet Isaiah said: A shoot shall come out from the stock of Jesse, and a branch shall grow out of his roots. The spirit of the LORD shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the LORD. His delight shall be in the fear of the LORD. He shall not judge by what his eyes see, or decide by what his ears hear; but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. Righteousness shall be the belt around his waist, and faithfulness the belt around his loins.

The Gradual **Psalm 85**

TONE Ib



- 7** Show us your mercy, Q LORD, *
and grant us your salvation.
- 1** You have been gracious to your land, Q LORD, *
you have restored the good fortune of Jacob.

The Gospel: Luke 1:39-47

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. ⁴³And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.' And Mary said, 'My soul magnifies the Lord, and my spirit rejoices in God my Saviour.

The Offertory Psalm 85

Tone III



- 6 Will you not give us life again, *
that your people may rejoice in you?
- 7 Show us your mercy, O LORD, *
and grant us your salvation.

The Prayer over the Gifts:

Receive our offerings and prayers, O Lord, cleanse us by these heavenly mysteries, and in your mercy hear us; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen*

The Preface of Advent

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

The Communion: Zechariah 14: 5,6

TONE I^b



5 Then the LORD my God will come, *
and all the holy ones with him.

6 And there shall be continuous day *
for at evening time there shall be light.

The Postcommunion:

May the devout reception of your Body and Blood, O Lord, give us new strength, cleanse us of our former evil ways, and enable us to partake of the fellowship of your saving mysteries; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen*