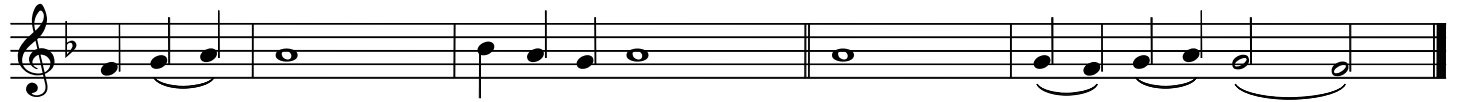


Quinquagesima

The Introit *Psalm 31: 3-4 In te, Domine, speravi, Ps vs. 2 [5, 16, 14] TONE I a*



Antiphon: Be my strong rock, a castle to keep me safe, ↓
for you are my crag and my stronghold; *
for the sake of your Name,
lead me and guide me.

Take me out of the net that they have secretly set for me, *
for you are my tower of strength.

Psalm Incline your ear to me; *
make haste to deliver me.

[Into your hands I commend my spirit, *
for you have redeemed me, O LORD, O God of truth.
Make your face to shine upon your servant, *
and in your loving-kindness save me."
But as for me, I have trusted in you, O LORD. *
I have said, "You are my God.]

Gloria Patri. Glo-ry to the Father, and to the Son, ↓
and to the Holy Spirit, *
As it was in the beginning, is now and ever,
for all ages of ages. A-men **Antiphon**

The Kyrie **or** Litany

The Gloria in Excelsis Deo is not sung

The Collect:

O Lord, we beseech You, graciously hear our prayers; and releasing us from the bonds of our sins, guard us from all adversity; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The First Reading **Zechariah 7:4-14**

Then the word of the LORD of hosts came to me: Say to all the people of the land and the priests: When you fasted and lamented in the fifth month and in the seventh, for these seventy years, was it for me that you fasted? And when you eat and when you drink, do you not eat and drink only for yourselves? Were not these the words that the LORD proclaimed by the former prophets, when Jerusalem was inhabited and in prosperity, along with the towns around it, and when the Negeb and the Shephelah were inhabited? The word of the LORD came to Zechariah, saying: Thus says the LORD of hosts: Render true judgments, show kindness and mercy to one another; do not oppress the widow, the orphan, the alien, or the poor; and do not devise evil in your hearts against one another. But they refused to listen, and turned a stubborn shoulder, and stopped their ears in order not to hear. They made their hearts adamant in order not to hear the law and the words that the LORD of hosts had sent by his spirit through the former prophets. Therefore great wrath came from the LORD of hosts. Just as, when I called, they would not hear, so, when they called, I would not hear, says the LORD of hosts, and I scattered them with a whirlwind among all the nations that they had not known. Thus the land they left was desolate, so that no one went to and fro, and a pleasant land was made desolate.

The Gradual *Voce mea ad Dominum, Psalm 77: 14-15*



You are the God who works wonders *
and have declared your power among the peoples.

By your strength you have redeemed your people, *
the children of Jacob and Joseph.

The Epistle: *1 Corinthians 13: 1 - 13*

Brethren: If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing. Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

TRACT Psalm 100, Jubilate Deo, Verses 1-2



Be joyful in the LORD, all you lands; *
serve the LORD with gladness
and come before his presence with a song

Know this: The LORD himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

The Gospel: Luke 18: 31 -43

At that time... Jesus took the twelve aside and said to them, 'See, we are going up to Jerusalem, and everything that is written about the Son of Man by the prophets will be accomplished. For he will be handed over to the Gentiles; and he will be mocked and insulted and spat upon. After they have flogged him, they will kill him, and on the third day he will rise again.' But they understood nothing about all these things; in fact, what he said was hidden from them, and they did not grasp what was said. As he approached Jericho, a blind man was sitting by the roadside begging. When he heard a crowd going by, he asked what was happening. They told him, 'Jesus of Nazareth is passing by.' Then he shouted, 'Jesus, Son of David, have mercy on me!' Those who were in front sternly ordered him to be quiet; but he shouted even more loudly, 'Son of David, have mercy on me!' Jesus stood still and ordered the man to be brought to him; and when he came near, he asked him, 'What do you want me to do for you?' He said, 'Lord, let me see again.' Jesus said to him, 'Receive your sight; your faith has saved you.' Immediately he regained his sight and followed him, glorifying God; and all the people, when they saw it, praised God.

The Nicene Creed

Offertory: **In quo corigit? Psalm 119: 12-13**

TONE III



Blessed are you, O LORD; *
instruct me in your statutes.
With my lips will I recite *
all the judgments of your mouth.

The Prayer over the gifts:

O Lord, we pray that this offering may cleanse us from our sins and sanctify the bodies and minds of Your servants through the celebration of this Sacrifice; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Preface of Quinquagesima (Sarum)

It is truly right and just, our joy and helpful to salvation, that we, always and everywhere, give thanks to you, O Lord, holy Father, Almighty and eternal God:

And with pious prostrations to entreat your majesty, that looking upon the extent of our earthly weakness you would not rebuke us in your anger on account of our depravity, but of your limitless mercy would purify us, comfort us, and make us wise. For without you we can do nothing to please you, and your grace alone will grant us to lead a saving way of life, through Christ our Lord. Therefore...

Sunday of Quinquagesima

Priest: May Almighty God strengthen you by his blessing and grace to prepare you for the coming forty-days of abstinence.

People: Amen

Priest: May He, who by the power of his divinity, restored light to the blind man who begged it, clear any blindness from your heart as the all-merciful Giver of Light, and graciously illumine your minds with the wisdom of his light.

People: Amen

Priest: May you, being purified of the uncleanness of sinful habits and anchored in holy charity, be able, unscathed to receive a heavenly inheritance.

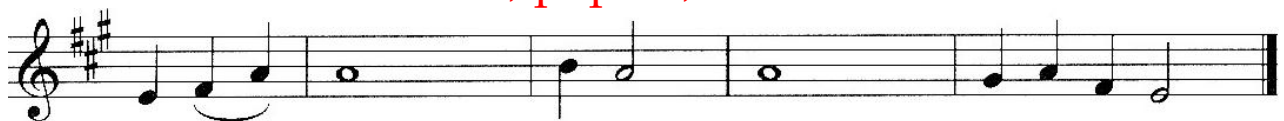
People: Amen

Priest: May the Lord God Almighty, Whose glorious Kingdom endures for ever, be pleased to bestow these blessings upon you; and...

Priest: The ✠ Peace of The Lord be always with you.

People: And with your spirit.

Communion: *Attendite, popule, Psalm 78: 29-30* TONE I



So they ate and were well filled, *
for he gave them what they craved.
But they did not stop their craving, *
though the food was still in their mouths.

The Postcommunion Collect:

We beseech You, almighty God, that we, who have received this Heavenly Food, may be safeguarded by it against all adversity; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

In congregations where there are a large number of Eastern Christians, the priest may, for pastoral reasons, read this gospel in addition to the one appointed. The Service of Forgiveness is also highly commended for use.

Sunday of Forgiveness (Quinquagesima)

Matthew 6:14-21

For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses. "And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

The Service of Forgiveness



Priest: Blessed is our God, now, and always,
and for all ages of ages.

People: Amen.

O Heavenly King, The Comforter, The Spirit of Truth,
Who art everywhere present and fillest all things,
Treasury of blessings, and Giver of Life,
✠ come and abide in us,
and cleanse us of all our impurities,
and save our souls, O Good One.

Holy God, holy and mighty, holy and immortal one,
have mercy on us. (3x)

Agios o Theos, Agios ischieros, Agios athanatos,
eleison imas.

(Sviati Bozje, Sviati Kriepki, Sviati Besmiertni,
Pomilluinas.)

Sancte Deus, Sancte Fortis, Sancte Imortalis,
Miserere nobis.

Glory to the Father, and to the Son, and to the Holy Spirit,*
now and ever, and for all ages of ages. Amen.

Reader: O Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master forgive our transgressions;
Holy One, visit and heal our infirmities
for Your name's sake.

Lord have mercy, Lord have mercy, Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,*
now and ever, and for all ages of ages. Amen.

All: Our Father, Who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Priest: For Thine is the kingdom and the power and the glory
of the Father and of the Son, and of the Holy Spirit,
now, and always and for all ages of ages.

Priest: O Heavenly King, strengthen our civil authorities,
establish the Faith on a solid foundation,
give peace to the nations, and secure protection for this
holy place; establish our departed ancestors and brothers
in the mansions of the just, and deign to receive us who

repent and confess, for You are a merciful God and the Lover of Mankind. Through the prayers of the Theotokos and our Holy Fathers, Lord Jesus Christ our God, have mercy on us.

People: Amen.

The Prayer of St. Ephrem The Syrian

Priest and people slowly pray this prayer together:

O Lord and Master of my life,
Take from me the spirit of sloth, despair,
lust of power and idle talk.

(All slowly prostrate with heads to the floor, then stand)

But give, rather, the spirit of chastity, humility,
patience, and love to your servant.

(All slowly prostrate with heads to the floor, then stand)

Yes! O Lord and King,
grant me to see my own transgressions
and not to judge my brother,
for blessed are You, for all ages of ages. Amen.

(All slowly prostrate with heads to the floor, then stand)

Deacon: Let us pray to the Lord.

People: Lord, have mercy.

Priest: O Lord, Jesus Christ, our God and hope of all on land and of those far away at sea, you have established these holy days of fasting by Your law and the prophets, as a way for our mortification and repentance. At the proper time, You manifested Yourself in the flesh on this earth, and by Your fast of forty days and nights, You sanctified the practice of fasting and commanded us to follow Your example. As a merciful and gracious God, enable us to begin these holy days of the Great Fast with perfect repentance, with humility instead of hypocrisy, with fervent prayer, with hunger and thirst, with frequent prostrations, and with a contrite heart.

Enable us also to complete this time of the Great Fast without fault and with a pure conscience, keeping our faith intact and achieving victory over sin. Send us an angel of peace to watch over our lives, to protect us from all snares of our enemies, and to assist us in the performance of good deeds.

Strengthen us by Your power so that we may accomplish the spiritual works of the Great Fast. Then, with our passions in control and our souls and bodies properly cleansed, we will be worthy to partake, without condemnation, of Your most pure Body and Your most precious and life-giving Blood. For You are the merciful and gracious Lover of Mankind Who come down to earth to save all; and we give glory to You and Your Eternal Father and Your all-holy gracious, and life-creating Spirit, now ever, and for all ages of ages. *Amen.*

The Dismissal

Priest: Glory to You, O Christ, our God and our hope;
Glory to You!

People: Glory to the Father, and to the Son, and to the Holy Spirit,*
now and ever, and for all ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.
Father Bless!

Priest: May Christ our true God, have mercy on us and save us
through the prayers of His most pure Mother, and of the
glorious and illustrious Apostles and of our holy Father
Gregory Bishop of Rome and of Saint Ambrose of Milan,
St. Benedict, St John of San Francisco and Shanghai and
all the saints, for He is gracious and loves mankind.

People: Amen.

*Then, prostrating before the assembled Body of Christ,
the Priest begs from the Faithful their forgiveness, saying:*

Priest: Holy brothers and sisters, forgive me, a sinner,
and pray for me.

People: God forgives! May the Lord forgive you, Father,
and have mercy on you.
Forgive us also Father, and pray for us!

Priest: God forgives! May He have mercy on us
and forgive us all.

*The people come forward prostrate before the priest, stand, embrace the
priest and receive the anointing with oil.*

They then approach one another and mutually seek forgiveness.