

Ember Saturday of the First Week in Lent

(Purple)

The Introit **Domine, Deus Psalm 88: 2; Ps 88:1**

Tone 1a



Antiphon:

Let my prayer enter into your presence; *
incline your ear to my lamentation.

Psalm:

O LORD, my God, my Savior, *
by day and night I cry to you.

Gloria Patri:

Glory to the Father and to the Son and to the Holy Spirit*
as it was in the beginning is now and ever
for all ages of ages .Amen

The Kyrie

The Collect

Let us pray...Let us kneel...Arise!

Look graciously upon your people, we beseech you, O Lord, and in your mercy turn away from them the scourges of your wrath; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Old Testament: **Deuteronomy 26:12-19**

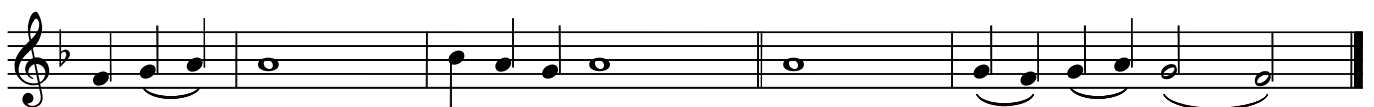
In those days Moses said to the people: When you have finished paying all the tithe of your produce in the third year (which is the

year of the tithe), giving it to the Levites, the aliens, the orphans, and the widows, so that they may eat their fill within your towns, then you shall say before the LORD your God: "I have removed the sacred portion from the house, and I have given it to the Levites, the resident aliens, the orphans, and the widows, in accordance with your entire commandment that you commanded me; I have neither transgressed nor forgotten any of your commandments: I have not eaten of it while in mourning; I have not removed any of it while I was unclean; and I have not offered any of it to the dead. I have obeyed the LORD my God, doing just as you commanded me. Look down from your holy habitation, from heaven, and bless your people Israel and the ground that you have given us, as you swore to our ancestors – a land flowing with milk and honey." This very day the LORD your God is commanding you to observe these statutes and ordinances; so observe them diligently with all your heart and with all your soul. Today you have obtained the LORD's agreement: to be your God; and for you to walk in his ways, to keep his statutes, his commandments, and his ordinances, and to obey him. Today the LORD has obtained your agreement: to be his treasured people, as he promised you, and to keep his commandments; for him to set you high above all nations that he has made, in praise and in fame and in honor; and for you to be a people holy to the LORD your God, as he promised.

The Gradual

Deus, venerunt Psalm 79:9, 10

Tone Ia



Help us, O God our Savior, for the glory of your Name; *
deliver us and forgive us our sins, for your Name's sake.

Why should the heathen say, "Where is their God?" *

Let it be known among the heathen and in our sight
that you avenge the shedding of your servants' blood.

The Second Collect

Let us pray...Let us kneel...Arise!

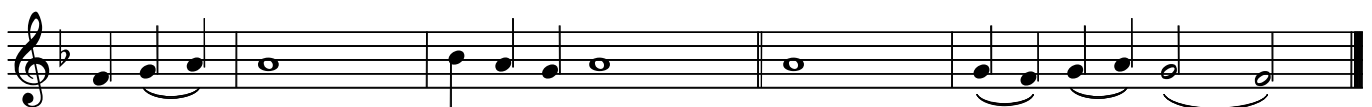
Look upon us, O God our protector, so that we who are heavy laden with the burden of our sins, having received your mercy, may serve you with untroubled minds; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Second Old Testament: Deuteronomy 11:22-25

In those days Moses said to the Israelites: If you will diligently observe this entire commandment that I am commanding you, loving the LORD your God, walking in all his ways, and holding fast to him, then the LORD will drive out all these nations before you, and you will dispossess nations larger and mightier than yourselves. Every place on which you set foot shall be yours; your territory shall extend from the wilderness to the Lebanon and from the River, the river Euphrates, to the Western Sea. No one will be able to stand against you; the LORD your God will put the fear and dread of you on all the land on which you set foot, as he promised you.

The Gradual *Quam dilecta! Psalm 84:8,7*

Tone Ia



Behold our defender, O God; *

and look upon the face of your Anointed.

LORD God of hosts, hear my prayer; *
hearken, O God of Jacob.

The Third Collect

Let us pray...Let us kneel...Arise!

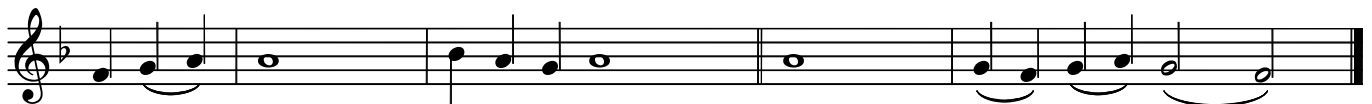
Heed our humble prayers, we beseech you, O Lord, that by your bounty we may have grace to be humble in prosperity and untroubled in the midst of adversity; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Third Old Testament: II Machabees 1:23-27

In those days while the sacrifice was being consumed, the priests offered prayer – the priests and everyone. Jonathan led, and the rest responded, as did Nehemiah. The prayer was to this effect: "O Lord, Lord God, Creator of all things, you are awe-inspiring and strong and just and merciful, you alone are king and are kind, you alone are bountiful, you alone are just and almighty and eternal. You rescue Israel from every evil; you chose the ancestors and consecrated them. Accept this sacrifice on behalf of all your people Israel and preserve your portion and make it holy. Gather together our scattered people, set free those who are slaves among the Gentiles, look on those who are rejected and despised, and let the Gentiles know that you are our God.

The Gradual Domine, refugium Psalm 90:13, 1

Tone Ia



Return, O LORD; how long will you tarry? *

be gracious to your servants.

Lord, you have been our refuge *
from one generation to another.

The Fourth Collect

Let us pray...Let us kneel...Arise!

O Lord, we beseech you, graciously hear the prayers of your people, that we who are justly punished for our sins may be mercifully delivered for the glory of your name; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Fourth Old Testament: **Sirach 36:1-10**

Have mercy upon us, O God of all, and put all the nations in fear of you. Lift up your hand against foreign nations and let them see your might. As you have used us to show your holiness to them, so use them to show your glory to us. Then they will know, as we have known, that there is no God but you, O Lord. Give new signs, and work other wonders; make your hand and right arm glorious. Rouse your anger and pour out your wrath; destroy the adversary and wipe out the enemy. Hasten the day, and remember the appointed time, and let people recount your mighty deeds.

The Gradual **Domine, clamavi, Psalm 140:2**

Tone Ia



Let my prayer be set forth in your sight as incense, *
the lifting up of my hands as the evening sacrifice.

The Fifth Collect

Let us pray...Let us kneel...Arise!

O Lord, we beseech you, direct our actions with your holy inspiration, and accompany them with your gracious assistance, so that every work and prayer of ours may begin with you and by you be successfully accomplished; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen*

The Fifth Old Testament: Daniel 3:47-51

In those days the angel of the Lord came down into the furnace to be with Azariah and his companions, and drove the fiery flame out of the furnace, and made the inside of the furnace as though a moist wind were whistling through it. And the flames poured out above the furnace forty-nine cubits, and spread out and burned those Chaldeans who were caught near the furnace. The fire did not touch them at all and caused them no pain or distress. Then the three with one voice praised and glorified and blessed God in the furnace:

A Song of Praise *Benedictus es, Domine*
Song of the Three Young Men, 29-34
(With ecclesiastical additions)

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you who walk on the wings of the wind
and on the waves of the sea
we will praise you and highly exalt you for ever.

Let the heavens, the earth, the sea, and all creatures
praise you and highly exalt you for ever.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

The Sixth Collect

Let us pray...Let us kneel...Arise!

O God, who tempered the flames of fire for the three young men, mercifully grant that the flames of sin may not burn us, your servants; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Epistle I Thessalonians 5:14-23

Brethren: we urge you, beloved, to admonish the idlers, encourage the fainthearted, help the weak, be patient with all of them. See that none of you repays evil for evil, but always seek to do good to one another and to all. Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain

from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ.

The Tract *Laudate Dominum Psalm 117: 1-2*

Tone VIII



Praise the LORD, all you nations; *
laud him, all you peoples.

2 For his loving-kindness toward us is great, *
and the faithfulness of the LORD endures for ever.

The Gospel: *Matthew 17:1-9*

At that time Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell

no one about the vision until after the Son of Man has been raised from the dead."

The Offertory *Domine, Deus* Psalm 88:1, 2

Tone III



O LORD, my God, my Savior, *
by day and night I cry to you.

Let my prayer enter into your presence; *
incline your ear to my lamentation.

The Prayer over the Gifts:

Sanctify our fasts by the sacrificial gifts here present, we beseech you, O Lord, that what our observance outwardly professes may be inwardly accomplished; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Preface of Lent

It is truly right and just, our joy and helpful to salvation, that we, always and everywhere give thanks to you, Father Almighty, Creator of heaven and earth.

Who, because we are fasting, curb our vices, uplift our mind, and bestow your strength and grace through Jesus Christ our Lord

Through whom the angels praise your majesty, Dominations adore it, and Powers tremble, the heavens and the armies of angels in unison with the blessed Seraphim, extol it with exceeding joy.

We beseech you to grant that our voices be united with theirs, while with humble praise we sing:

The Communion: *Domine, Deus meus: Psalm 7:1*

Tone 1a



O LORD my God, I take refuge in you; *
save and deliver me from all who pursue me;

The Postcommunion:

Almighty God, by the working of your sanctifying power, may our vices be cured and eternal remedies be provided for us; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*

The Prayer over the People:

The priest stretches forth his hands and gives this blessing:

Deacon: Bow down your heads before the Lord!

Priest: May the blessing desired by your faithful people give them strength O God; may it keep them from disobeying your will and grant them ever to rejoice in your grace; through Jesus Christ your Son, our Lord, who lives and reigns with you and the Holy Spirit, God, for all ages of ages. *Amen.*